



Wolf Creek Canyon Relay



Sunday, 7 October 2007, 9AM

This is a scenic 28.02 mile relay for up to 4 person teams. The relay begins on the frontage road, off I-15 between Helena and Great Falls in Wolf Creek Canyon, approximately 6 miles south of the town of Wolf Creek. It finishes at Rosie's Missouri Inn restaurant near Hardy. The back dining room will be reserved for relay runners and their families. Food and drink will be available for purchase. The award presentations and prize drawings will be held outside, behind the restaurant, weather permitting.

COURSE LEG DESCRIPTIONS:

(Distances are approximate)

- LEG 1 - Easy, slight uphill at the start and uphill at the finish, 6.77 miles.
- LEG 2 - Tough leg, hilly, starts at the state highway shop 1/2 mile north of Wolf Creek, 6.18 miles.
- LEG 3 - Moderately hilly, hill at start and finish, 6.87 miles.
- LEG 4 - Relatively level, ends at Missouri Inn. , 8.20 miles.

Entry fee is \$20.00 per runner, \$80.00 per team if postmarked by Sept 27th. After Sept 27th, entry fee is \$25 per runner, \$100 per team. \$5.00 per runner will be donated to charity. Each runner will receive a unique short sleeve t-shirt. **Long sleeve T-shirts and Sweatshirts instead of short sleeve T-shirts are also available for an additional charge of \$4 & \$10 accordingly.**

Make checks payable to:

Carl W. Clark

Mail to: 604 34 Ave NE

Great Falls, MT 59404

No Race Day Registration!!!!

For information and/or questions call: Carl Clark 761-8322 or [email at ccarlrn@juno.com](mailto:ccarlrn@juno.com) . If you want to run but can't put together a team, or if you need a runner for your team, call as early as possible and I will try to put you in contact with other runners.



AGE GROUP CATEGORIES:

- Junior** - Total combined age of all team members must be under 120 years.
- Open** - Total combined age of all team members to be at least 120 years, but less than 160 years.
- Masters** - Total combined age of all team members to be at least 160 years, but less than 200 years.
- Seniors** - Total combined age of all team members to be at least 200 years, but less than 240 years.
- Super Seniors** - Total combined age of all team members to be at least 240 years.

DIVISIONS:

- Solo** - One runner, Male or Female, any age
- Duo** - Two runners, male or female, any age
- Male** - One or more runners must be male.
- Female** - All runners must be female.
- Mixed** - Must have 2 male and 2 female runners.
- Military challenge** - 4 runners, any age, any sex. Must be active duty, guard or reserve.

Awards - Ribbons will be presented to each member of the first and second place team in each category/division. There will be drawings for \$1000 in prizes during the awards. **You must be present to win.**

Race results will be available on wolfcreekrelay.com



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RACE RULES ARE AS FOLLOWS:

1. **To be eligible for awards, each full team must be made up of 4 different runners.**
2. Each team is responsible for its own transportation, first aid and water aid stations during the race. Due to traffic problems, it is **highly recommended that each team have only one vehicle on the course.**
3. Team cars assisting runners must have and use 4-way flashers and should pull completely off the highway when stopping.
4. Runners are advised to run facing traffic at all times. **Do not cut corners.** The Montana Highway Dept recommends that all runners wear brightly-highly visible clothing. Neon colors as well as orange, yellow and red are suggested.
5. Team substitutes will be accepted until race time. Please let race officials know of any changes, especially if it changes your category. The race results can only be as accurate as the information you provide. Please indicate which runner is the **TEAM CAPTAIN** on the entry form.
6. Race packets can be picked up at the starting line on the morning of the race.
7. Team Captains will be notified when late entry t-shirts are ready to be picked up, approximately 2 to 3 weeks after the relay.
8. Entry fees are non-refundable as the relay goes on regardless of the weather.
9. All teams will have a team name so they can be readily identified.
10. **All entry forms must be filled in completely or they will not be accepted.**
11. For safety, all team vehicles **MUST** have a large readable sign attached to the rear of the vehicle to read:

**CAUTION: RUNNERS ON THE ROAD or
RACE IN PROGRESS**
Traffic on the road will not be stopped so use extreme caution.
SAFETY FIRST, PLEASE !!!!!

(Do not detach)

WAIVER: The below signed in consideration of the acceptance of this entry, I hereby release the sponsors and organizers from any claims for any injuries suffered as a result of my participation in this event, and waive any claim I might have against the sponsors and organizers for damages arising out of, or in any way related to my participation in this event now and in the future.

(Indicate Team Captain)

TEAM NAME _____ **CATEGORY/DIVISION** _____

LEG 1 RUNNER _____ **AGE** _____ **EMAIL** _____

ADDRESS _____ **PHONE** _____

(CIRCLE SHIRT TYPE) (CIRCLE SHIRT SIZE)
T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL **SIGNATURE** _____

LEG 2 RUNNER _____ **AGE** _____ **EMAIL** _____

ADDRESS _____ **PHONE** _____

(CIRCLE SHIRT TYPE) (CIRCLE SHIRT SIZE)
T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL **SIGNATURE** _____

LEG 3 RUNNER _____ **AGE** _____ **EMAIL** _____

ADDRESS _____ **PHONE** _____

(CIRCLE SHIRT TYPE) (CIRCLE SHIRT SIZE)
T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL **SIGNATURE** _____

LEG 4 RUNNER _____ **AGE** _____ **EMAIL** _____

ADDRESS _____ **PHONE** _____

(CIRCLE SHIRT TYPE) (CIRCLE SHIRT SIZE)
T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL **SIGNATURE** _____

(leave all blocks below blank)

Team #

Amt. Paid
\$-----

Shirts
T-(SS) _____
T-(LS) _____
SW _____

(SIZES) SS LS SW
S - _____
M - _____
L - _____
XL - _____
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Predicted finish time _____ **Total Age** _____
(Indicate Team Captain)

TEAM NAME _____ **CATEGORY/DIVISION** _____

LEG 1 RUNNER _____ **AGE** _____ **EMAIL** _____
ADDRESS _____ **PHONE** _____
(CIRCLE SHIRT TYPE) (CIRCLE SHIRT SIZE)
T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL **SIGNATURE** _____

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(CIRCLE SHIRT TYPE) (CIRCLE SHIRT SIZE)
T-SHIRT (SS) T-SHIRT (LS) SWEAT S M L XL XXL **SIGNATURE** _____

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