

Ladiesfest Info Sheet – Please Read

Start

The start/finish area is just to the south of the Lethbridge Lodge on 4th Avenue South. It is best to arrive at the start/finish area around 7:30 am in order to find parking and get ready for the start. The race will start at **8:00 am sharp**.

This is a chip timed event so please ensure you are wearing your chip around your ankle before the start of the race. **If you are not wearing a chip, you will not get a time. THE CHIPS ARE CODED TO YOUR BIB NUMBER SO PLEASE DON'T EXCHANGE CHIPS.**

The chip and neoprene band provided **MUST** be worn around one of your ankles. **Please remove any chips from previous races that you may have on your shoe.** Failure to do so may interfere with the chip you are using for this race and you may not get a time.

Race numbers must be visible so please wear them on the front of your shirt and on top of all clothing.

Finish

There will be volunteers at the finish to remove your chip. Please ensure the volunteers have had a chance to remove your chip before you leave the finish chute.

The post-race brunch is for participants only and will be held inside the Lethbridge Lodge following the event. Awards will be presented during the brunch starting at 10:00 am.