

## 2004 LCC/Flaman 10/4 Road Race

### 10Mile Race Results By Top 5 Category

#### 10Mile 19&Under Female

Category Total: 2

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/2	DUECK, ALEXIS	1083	01:26:50.08	12	COALDALE	08:41
2/2	READY, CARLEEN	1164	01:36:44.92	17	LETH	09:40

#### 10Mile 19&Under Male

Category Total: 4

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/4	GARDNER, JEFF	1097	01:26:06.23	17	TABER	08:36
2/4	DUECK, NOLAN	1085	01:26:09.90	17	COALDALE	08:36
3/4	BLAIR, CHARLIE	1209	01:30:15.67		LETH	09:01
4/4	BULLOCK, KYLE	1061	01:36:22.88	18	BARNWELL	09:38

#### 10Mile 20-24 Female

Category Total: 9

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/9	PAYNE, LYNDSAY	1158	01:08:58.64	21	LETH	06:53
2/9	HARRIS, ERIN	1112	01:13:55.49	23	MONARCH	07:23
3/9	DIXSON, NEILA	1079	01:18:24.87	24	FOREMOST	07:50
4/9	VIOLA, JULIE	1196	01:18:30.21	23	LETH	07:51
5/9	DUDAS, GINA	1082	01:19:01.56	24	LETH	07:54

#### 10Mile 20-24 Male

Category Total: 2

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/2	CROCKER, JOHN	1075	01:06:51.73	22	MED. HAT	06:41
2/2	GREER, JASON	1107	01:07:11.69	24	LETH	06:43

#### 10Mile 25-29 Female

Category Total: 6

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/6	KALISCHUK, ANDREA	1125	01:28:00.03	29	LETH	08:48
2/6	COLEBY, FAY	1070	01:29:20.86	27	LETH	08:56
3/6	JONES, KATHY	1124	01:34:45.35	29	LETH	09:28
4/6	ENGLLOT, ERIN	1089	01:38:09.86	27	LETH	09:48
5/6	HUNT, AMY	1121	01:41:45.07	28	LETH	10:10

#### 10Mile 25-29 Male

Category Total: 3

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/3	SEXTON, BRIAN	1180	01:17:50.37	28	LETH	07:47
2/3	GIFFEN, CHRIS	1100	01:22:50.89	27	LETH	08:17
3/3	ROSENEGGER, STEPHEN	1173	01:54:19.99	29	CALGARY	11:25

## 2004 LCC/Flaman 10/4 Road Race

### 10Mile Race Results By Top 5 Category

#### 10Mile 30-34 Female

Category Total: 7

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/7	LONDEAU, CHERYL	1133	01:18:57.07	33	LETH	07:53
2/7	MACMILLAN, KERI	1135	01:32:09.99	31	MED. HAT	09:12
3/7	GIFFEN, REBECCA	1101	01:35:00.59	30	CALGARY	09:30
4/7	ROSZELL, KATHY	1175	01:35:03.57	34	MED. HAT	09:30
5/7	VISSER, SABINA	1197	01:44:07.03	33	LETH	10:24

#### 10Mile 30-34 Male

Category Total: 9

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/9	MOLNAR, WARREN	1148	01:00:58.47	30	COALDALE	06:05
2/9	WASYLISHEN, CLINTON	1200	01:08:06.05	30	EDMONTON	06:48
3/9	SCHILLING, JASON	1177	01:17:43.50	34	LETH	07:46
4/9	PASQUOTTI, MARIO	1157	01:23:45.36	33	LETH	08:22
5/9	ETO, HIROHIDE	1090	01:24:56.54	33	LETH	08:29

#### 10Mile 35-39 Female

Category Total: 5

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/5	JACOBSON, SANDY	1123	01:05:25.16	38	EDMONTON	06:32
2/5	LAMB, MARGO	1131	01:19:18.51	39	LETH	07:55
3/5	ROGERS, COLLEEN	1171	01:24:31.24	35	SPRINGBROOK	08:27
4/5	HANSAEME, SHERRY	1109	01:38:01.30	39	LETH	09:48
5/5	GIN, SUSAN	1104	01:38:22.95	36	LETH	09:50

#### 10Mile 35-39 Male

Category Total: 10

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/10	ELDER, KEVIN	1088	01:07:10.62	39	LETH	06:43
2/10	HOVELING, MARK	1119	01:13:24.80	38	LETH	07:20
3/10	HAYWARD, TYLER	1114	01:14:56.62	38	LETH	07:29
4/10	KRUSHEL, ROBERT	1129	01:16:04.35	36	LETH	07:36
5/10	EVANSON, JAMES	1091	01:17:48.11	36	LETH	07:46

#### 10Mile 40-44 Female

Category Total: 10

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/10	MENTANKO-TIEFENBACH, DO	1145	01:22:19.81	40	LETH	08:13
2/10	MANTELLO, BARB	1137	01:23:06.10	41	LETH	08:18
3/10	MOLTZ, JODY	1149	01:25:00.70	40	LETH	08:30
4/10	SENNEKER, ROMINA	1179	01:31:16.48	41	TABER	09:07
5/10	BOURDON-HARRIS, MARQUI	1211	01:33:04.77		MONARCH	09:18

## 2004 LCC/Flaman 10/4 Road Race

### 10Mile Race Results By Top 5 Category

#### 10Mile 40-44 Male

Category Total: 10

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/10	MCCLOY, PAUL	1208	00:57:53.94	41	CALGARY	05:47
2/10	HAYWARD, MARC	1113	01:04:07.84	43	LETH	06:24
3/10	FOSTER, FRANK	1093	01:08:40.80	42	LETH	06:52
4/10	HAEHLEN, SIMON	1108	01:15:46.02	44	LETH	07:34
5/10	BALDREY, ROD	1055	01:16:06.29	44	CALGARY	07:36

#### 10Mile 45-49 Female

Category Total: 16

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/16	WILLIAMS, CAROL	1202	01:17:28.45	47	LETH	07:44
2/16	KEITH, PATRICIA	1127	01:21:14.29	47	LETH	08:07
3/16	VAN DORLAND, ANNETTE	1192	01:24:20.49	45	LETH	08:26
4/16	VAN DAMME, ANN	1191	01:24:30.58	49	TABER	08:27
5/16	HRANAC, BEVERLEY	1120	01:26:21.43	48	LETH	08:38

#### 10Mile 45-49 Male

Category Total: 20

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/20	RENTERIA, LUIS	1167	00:59:29.54	45	LETH	05:56
2/20	ROMAO, GEORGE	1172	01:13:52.04	45	BROOKS	07:23
3/20	DUECK, MARVIN	1084	01:16:38.96	47	COALDALE	07:39
4/20	FROESE, DON	1096	01:16:40.39	47	LETH	07:40
5/20	KENNES, LEON	1210	01:19:51.70		LETH	07:59

#### 10Mile 50-54 Female

Category Total: 6

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/6	FOSTER, LIZ	1094	01:29:12.17	50	LETH	08:55
2/6	MCLAUGHLIN, PEGGY	1144	01:36:29.28	52	LETH	09:38
3/6	SMITH, BEV	1183	01:38:19.80	51	LETH	09:49
4/6	DOW, JUNE	1081	01:38:25.23	50	LETH	09:50
5/6	MUTCH, LAVONN	1152	01:52:54.16	51	LETH	11:17

#### 10Mile 50-54 Male

Category Total: 17

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/17	WELCH, MICHAEL	1201	01:06:20.52	51	CALGARY	06:38
2/17	MAGILL, HUGH	1136	01:09:52.05	51	CALGARY	06:59
3/17	COPPS, TOM	1217	01:11:42.40	50	LETH	07:10
4/17	THOMAS, NOEL	1187	01:13:29.12	50	COALDALE	07:20
5/17	WISMATH, STEPHEN	1205	01:16:01.73	52	LETH	07:36

## 2004 LCC/Flaman 10/4 Road Race

### 10Mile Race Results By Top 5 Category

#### 10Mile 55-59 Female

Category Total: 4

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/4	HORII, HILDA	1117	01:37:44.84	55	LETH	09:46
2/4	AARSEN, MARIAN	1216	01:45:22.15		LETH	10:32
3/4	VAN DYK, JANNIE	1193	01:54:50.84	59	LETH	11:29
4/4	GIFFEN, SUSAN	1102	02:04:50.27	56	LETH	12:29

#### 10Mile 55-59 Male

Category Total: 7

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/7	LEE, DON	1132	01:18:45.94	58	LETH	07:52
2/7	BROWN, JERRY	1060	01:32:06.93	55	LETH	09:12
3/7	MCCORMACK, JAMES	1140	01:34:08.40	58	LETH	09:24
4/7	FRITZ, KEN	1095	01:34:35.29	59	TABER	09:27
5/7	HOOD, ROBIN	1116	01:37:03.27	57	LETH	09:42

#### 10Mile 60-64 Female

Category Total: 1

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/1	FORDE, BRIDIE	1092	01:46:02.18	60	STETTLER	10:36

#### 10Mile 60-64 Male

Category Total: 5

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/5	SHAW, BOB	1181	01:18:05.80	61	CALGARY	07:48
2/5	BUTLER, PETER	1064	01:24:13.02	63	ELKWATER	08:25
3/5	PILKEY, DOUGLAS	1355	01:27:21.03	62	MEDICINE HAT	08:44
4/5	HARDIE, RON	1111	01:38:20.75	61	LETH	09:50
5/5	RIRIE, ED	1169	01:57:51.52	60	MAGRATH	11:47

#### 10Mile 65&Over Male

Category Total: 2

<u>POS</u>	<u>NAME</u>	<u>NUMBER</u>	<u>TIME</u>	<u>AGE</u>	<u>CITY</u>	<u>PACE/Mile</u>
1/2	VAN RAAY, COR	1194	01:30:47.80	68	IRON SPRINGS	09:04
2/2	BURKE, BUSTER	1062	01:35:38.42	65	COALDALE	09:33